

BUFFALO LABORERS' WELFARE FUND

LOCAL 210

MEMBER ASSISTANCE PROGRAM

THE MAP CAN HELP YOU & YOUR FAMILY WITH MANY THINGS, INCLUDING:

Substance Abuse
Problem Drinking & DWI'S
Substance Abuse by Family Members
Illegal Drug use & Drug Testing
Prescription Drug Misuse

Work-Related
Jobsite Conflicts
Sexual Harassment
Pre-Retirement concerns
Job "Burnout"

Financial
Problem Gambling
Household Finances
Over-extended Credit
Disability Adjustment

Family
Parent-Child Conflicts
Serious Illness of Family Member
Caring for Aging Parents
Child Care
Single Parenting

Marital
Separation
Divorce
Communication Problems
Resolving Conflicts

Emotional & Mental Health
Stress & Anxiety
Depression
Managing Anger
Grief & Loss

To contact the MAP

Just call the number below during regular business hours,

You can call and make an appointment with a counselor.

In emergencies you can call the MAP 24 hours a day, 7 days a week

(716) 854 – 1990

When calling outside the 716 calling area, dial 1 (800) 491 – 1990

